



CLINICAL PSYCHOLOGY INTERNSHIP PROGRAM



WRIGHT-PATTERSON MEDICAL CENTER

Applicant Brochure
2015-2016

DEPARTMENT OF PSYCHOLOGY

www.wpafb.af.mil/units/wpmc

WELCOME TO WRIGHT-PATTERSON

Applications are completed online. Application deadline is 1 December 2014.

For more information about the program, please contact our Department office at (937) 257-1363, or e-mail Kirk.Rowe@us.af.mil



Our Internship in Clinical Psychology prepares individuals as both psychologists and military officers. The program is accredited by the American Psychological Association. For further information about the accreditation status of this or any other psychology internship program, please free to contact:

Commission on Accreditation
Office of Program Consultation and Accreditation
American Psychological Association
750 First Street NE
Washington, DC 20002-4242
(202) 336-5979

Helpful Websites:

Wright-Patterson Air Force Base — <http://www.wpafb.af.mil>
88th Medical Group— <http://www.wpafb.af.mil/units/wpmc/>

THE INTERNSHIP PROGRAM

Dear Applicant:

Thank you for your interest in our Clinical Psychology Internship Program at Wright-Patterson Medical Center, Dayton, Ohio. We will have five intern positions available beginning in August, 2015 for outstanding applicants who are eager to learn, who strive for excellence, and who are interested in beginning their professional psychology careers as Air Force officers.

Our Internship has been providing broad-based clinical training since 1978 in one of the Air Force's premier medical centers and has been APA accredited since 1979. Core clinical rotations include the Outpatient Mental Health Clinic, Clinical Health Psychology Service, Neuropsychology Service, and Primary Care Clinic. These are supplemented by experiences in Aeromedical Consultation Service, Deployment Psychology, Leadership/Administration, Community Psychology, Family Advocacy/Domestic Violence Prevention and Treatment, and Alcohol and Drug Abuse Prevention and Treatment.

Our psychologists were specially selected to help shape the future of Air Force psychology by teaching, supervising and mentoring interns. We also enjoy the support of other Wright-Patterson Medical Center and Dayton-area health professionals in psychology, psychiatry, social work, psychiatric nursing, neurology, pediatrics, primary care, and many others who teach our didactics programs or interact with our interns in various roles.

We will be hosting a by-invitation **Open House** on **January 8-9, 2015**. The Open House is a great opportunity to talk in person with our faculty and current interns. Please contact us to receive your invitation.

Please read this brochure to learn about our program and determine if the training opportunities provided match your interests as you anticipate this important phase of your preparation as a psychologist.

If you have additional questions, I encourage you to contact us at (937) 257-1363 or email Kirk.Rowe@us.af.mil. Best wishes!

Sincerely,

//signed//

KIRK L. ROWE, Lt Col, USAF, Ph.D., ABPP
Clinical Neuropsychologist
Training Director, Clinical Psychology Internship
Wright-Patterson USAF Medical Center
(937) 257-1363

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PROGRAM GOAL AND OBJECTIVES

Our Goal:

We strive to prepare Air Force psychologists to deliver high quality, effective psychological services both within a community-based health care model and in support of wartime and peacetime military operations at home and in a deployed environment.

Major Training Objectives – All training experiences are centered around meeting the following objectives:

- Graduates will be competent in using evidence-based psychological assessment strategies and instruments
- Graduates will be competent in delivering evidence-based psychological interventions and treatments
- Graduates will be competent in providing psychological consultation and in applying population health and community psychology concepts to a diverse population
- Graduates will demonstrate professionalism and ethical practice as psychologists and Air Force officers
- Graduates will be capable of providing clinical psychological services that support and enhance military preparedness

More important than teaching any specific skill or competency is the goal of training interns to employ critical thinking skills and an empirical orientation when approaching clinical tasks. The means of conveying these abilities is to model, encourage, provide feedback, and reinforce intern efforts across a range of specific problems, patient populations, and settings.

PROGRAM PHILOSOPHY

Our program's values are Air Force core values, which are held by this medical center and by the Wright-Patterson Air Force Base community. These values include "Integrity First, Service before Self, and Excellence in All We Do." We continue to "Aim High" at the Wright-Patterson Internship Program.

Successful graduates will incorporate the Air Force core values and high ethical standards into their clinical practices as they assume increasing levels of responsibility and develop into our future leaders. Within the scientist-practitioner model, our graduates are trained in the use of ethically and empirically sound interventions. Due to the wide range of possible assignments and responsibilities after completing the internship, Wright-Patterson graduates must be trained as generalists, with a broad exposure to their future potential duties. In order to prepare for all eventualities, our interns are given a core body of skills and knowledge and trained to use a systematic problem-solving approach to the situations that they encounter.

Our interns must have exposure to and success in the evaluation and treatment of a variety of psychopathology and be able to handle challenges within their clinical practices. Many aspects of an Air Force clinical psychologist's practice are essentially comparable to those of their civilian counterparts and include the traditional domains of assessment, intervention, consultation, and prevention activities. However, the Air Force psychologist must have competencies in applying psychological principles and practices to military specific-domains of readiness, deployment, wartime operations, peacekeeping missions, and the care of wartime casualties.

We strongly believe in the importance of interdisciplinary and multidisciplinary collaboration. The strength of this program and its key to success has been the long standing cooperative, professional, and mutually enriching relationships among the various mental health disciplines. We are proud of the mutual respect evident among the psychologists, psychiatrists, social workers, and mental health nurses and technicians at Wright-Patterson. An appreciation for the contributions of other mental health and medical specialties, and the interpersonal skills of collaboration and leadership, are essential survival skills to new psychologists, whether they are assigned to a small clinic or a large, multi-specialty medical center. This element of our philosophy is a vital link in the transition of an Air Force psychologist to her/his first assignment and development as an officer.



Psychology Interns and Staff at Journal Club



PROGRAM PHILOSOPHY (CONT.)

The primary training method is supervised clinical experience with didactic teachings, readings, and case presentations designed to integrate and strengthen the interns' use of the science of psychology. In keeping with the scientific foundations of psychology, this internship greatly values the rich literature of clinical research and the processes of hypothesis testing, analytical thinking, outcomes measurement, and a commitment to the use of empirically supported interventions and evidence-based healthcare. Although research is encouraged and there are opportunities for collaboration with faculty on ongoing research projects, emphasis is placed on producing professional psychologists who are sophisticated consumers of research, able to integrate the current literature and use the scientific method in their clinical duties.



MAJOR ROTATIONS

Outpatient Mental Health Clinic: During this rotation, interns will: (1) enhance assessment, treatment and consultation skills with a diverse population using a scientist-practitioner model, (2) learn how to ethically deliver services in a multidisciplinary health care environment and (3) grow to understand the unique roles and responsibilities of an Air Force Psychologist. We are dedicated to training interns in the application of evidence-based treatments for a wide variety of mental health problems. We use the scientific foundations of psychology to inform our clinical practice as well as military readiness and officership.

On the Outpatient Mental Health Clinic rotation we dedicate six months of training to address these areas of professional practice. Due to the fact that our interns will most likely work in an outpatient clinic after graduation, we believe it is imperative that interns leave our program thoroughly trained and familiar with the skills needed to work in this setting. Activities on this rotation center on supervised direct patient care and an array of required readings. Interns will spend a majority of their time providing assessment and therapy services to a diverse outpatient population. Adult individual psychotherapy and structured cognitive behavioral groups are emphasized. The Outpatient Rotation also provides intensive instruction and supervised experience in various military-specific skills. Interns will learn how to conduct commander-directed mental health evaluations in accordance with applicable AF instructions and public laws. Interns get experience in accomplishing security clearance reviews/evaluations, special duty assignment assessments and consulting with Commanders. Experience will also be obtained in assessing individuals for medical retirement and disability compensation. Two days each month, interns provide crisis evaluation and/or intervention to patients on an emergency basis in the Clinic or in the Emergency Department.

Theoretical approaches to treatment center on evidence-based interventions including cognitive, behavioral, and solution-focused models of psychotherapy. Training is given on developing and refining psychological assessment skills by using a variety of psychological rating scales and intellectual and objective personality measures. The use of outcome measures with all patients gives both providers and patients important information about treatment efficacy. Interdisciplinary teamwork and collaboration are strongly emphasized and encouraged. Psychology interns may have an opportunity to train and supervise mental health technicians who must learn to conduct psychological screening evaluations, administer psychological testing, and function as co-leaders for psychoeducational groups.

Expected intern competencies are evaluated through direct observation of patient interactions, reviewing session recordings, scheduled and impromptu supervision and review of all written work. Intern participation in didactics and case conferences is also an integral part of the learning and the evaluation process. Observation of an intern's professional demeanor and attention to ethical conduct constitutes another aspect of the assessment of intern progress toward meeting the core competencies.





Riverscape, Downtown
Dayton

MAJOR ROTATIONS

Clinical Health Psychology: Four months of the interns' time will be spent on this rotation. The Clinical Health Psychology Service offers evaluation and treatment to outpatients and inpatients presenting with medical problems. Psychology interns are introduced to the field of health psychology and participate in a multidisciplinary environment including involvement in pain management, weight management and sleep management. Interns will also develop skills for assessing and treating common psychophysiological problems such as headaches, temporomandibular disorder, insomnia, hypertension as well as a variety of stress related difficulties. Individual therapy, bio-feedback technology and psycho-educational group formats are used with patients. Interns may have the opportunity to conduct pre-surgical psychological evaluations (e.g., bariatric surgery, back surgery, etc.). Training objectives are met through an intensive regimen of current readings, rotation-specific and department-level didactics, outpatient client contact, and individual supervision with a health psychologist. At the completion of the rotation, interns will be able to competently perform a behavioral functional analysis, formulate appropriate treatment goals, implement evidence-based treatment strategies, and monitor treatment gains.

Neuropsychology: With the decade of the brain being the 1990's and the signature injury of the Iraq and Afghanistan wars being the traumatic brain injury, two months will be spent on the Neuropsychology Service rotation. The intern develops basic skills in assessment and the formulation of treatment recommendations for neurologically impaired adults. A primary goal for interns is to develop competency with basic principles of neuropsychology and to be able to recognize the need for neuropsychological/neurological consultation. Emphasis is placed on a flexible battery approach utilizing a wide array of tests, including some of those comprising the Halstead-Reitan battery. Neuropsychological consultation is often requested by physicians within the Departments of Primary Care, Internal Medicine, Neurology or Mental Health in order to assist in differential diagnosis of organic brain syndromes, obtain information about the neuropsychological sequelae of neurological diseases or traumatic neurological events, and to aid in treatment planning. Typical cases include referrals for the assessment of suspected dementia, traumatic brain injury, neoplasms, seizure disorders and the neurobehavioral aspects of psychopathology. The Neuropsychology Service routinely evaluates persons who have experienced some type of brain injury while on active duty and who have been subsequently retired from the military. Since these patients are re-evaluated every 18 months, the intern is afforded an excellent opportunity to monitor the long-term neuropsychological recovery process.

MAJOR ROTATIONS

Primary Care Clinic: Nearly half of all the formal mental health care in the United States is delivered solely by general medical practitioners. The Air Force has taken the lead in preventing mental health disorders in early recognition and intervention by placing mental health providers in Primary Care Clinics. Psychologists in the Primary Care setting serve as internal resources for Primary Care providers to help address patients' psychosocial and behavioral concerns, without an additional referral to a specialty mental health clinic. Psychologists provide Primary Care patients with immediate access to behavioral healthcare, rapid feedback and improved fit between the care patients seek and the services offered. Wright-Patterson's effectiveness in launching this line of mental health services was recognized with a "Best Practice Award" during a recent Primary Care Optimization Staff Assistance Visit. This rotation is integrated into the Clinical Health Psychology Rotation. Interns will learn clinical and practice management skills, enhance consultation and team performance, and receive instruction in documentation and administrative practices that are needed by successful and effective psychologists who work in a Primary Care Clinic setting. Supervision will be provided by clinical psychologists who have been extensively trained in this application of psychological practice.





Interns have the opportunity to gain experience in the following mini rotations...

REQUIRED MINI ROTATIONS

CRISIS ASSESSMENT AND INTERVENTION:

Psychology interns work alongside psychiatrists and psychiatry residents in providing after-hours "on call" services to the Wright-Patterson Emergency Department. As a USAF psychologist, there may be a time when you have no psychiatry colleagues stationed at your base. An Emergency Room Physician may call you for advice, and the experience provided by these "on call" shifts in the emergency room as an intern will be invaluable. Interns are assigned one after-hours call evening each month, and one weekend during the year. During normal duty hours, the Outpatient Mental Health Clinic and the Emergency Department provide acute assessment of patients who present with a mental health emergency. Interns assigned to the outpatient clinic rotation are assigned to the "on call" roster twice a month. On other rotations, interns have day-time "on call" responsibilities once a month.

AEROMEDICAL CONSULTATION SERVICES:

The mission of the ACS is to make recommendations about whether air crew members should or shouldn't fly and the provisions under which they can safely return to the air. Interns will be able to shadow a neuropsychologist, psychologists, psychiatrists and other medical professionals as they assess the air crew member and make recommendations. These are often complex assessments with many working parts that require a team approach. This is an invaluable experience for residents especially if their first base is one with an active flying mission. This experience will build residents' skills in assessing service members on flying status and familiarize them with the ACS service and staff in order to facilitate consultation in the future.

CENTER FOR DEPLOYMENT PSYCHOLOGY:

Residents are required to attend an 5-day mini rotation at the Center for Deployment Psychology in Bethesda, MD. This is a full time, intensive seminar which you will attend with one or more of your fellow interns. Interns receive in-depth training on deployment spectrum issues facing our service members, their families, and providers. This course, which is offered four to five times a year, is taught not only by CDP staff but also distinguished guest speakers with expertise in military behavioral health and deployment medicine.

Examples of Course Content:

1. **Deployment 101:** addresses the unique demands that service members and behavioral health providers may experience while deployed in settings like Iraq and Afghanistan.
2. **Trauma and Resilience:** addresses issues of psychological trauma and resilience particular to the experience of combat deployment. Participants learn evidence-based approaches to assess and treat combat operational stress, PTSD, suicidal behavior, and sleep problems.

REQUIRED MINI ROTATIONS (CONT.)

3. **Behavioral Health Care for the Seriously Medically Injured:** introduces participants to issues that arise when providing behavioral health care to individuals suffering from serious medical injuries, with a focus on the identification and treatment of blast-related traumatic brain injuries.
4. **Deployment and Families:** examines topics related to the impact of deployment, reintegration, and combat stress injuries on the service member and the family, with an emphasis on family function and resilience.

In addition to the four pillars listed above, a common course theme is the complicated dual relationship inherent to balancing the needs of the military with those of the individual service member. Ethical dilemmas, compassion fatigue, and new methods to combat stigma in any military environment are routinely presented from multiple perspectives throughout the course

Interns are also required to attend 2 and 3 day workshops offered by the CDP at Wright-Patterson that focus on training in specific empirically supported treatments to address some of the psychological health issues facing Service members.

These workshops may include training in the following:

[Prolonged Exposure Therapy \(PE\)](#)

[Cognitive Processing Therapy \(CPT\)](#)

[Cognitive Behavioral Therapy for Insomnia \(CBT-I\)](#)

Please see the Center for Deployment Psychology's website at <http://deploymentpsych.org> for more information.





AF Memorial

OTHER EDUCATIONAL EXPERIENCES AND ELECTIVES

Other Educational Experiences

- Leadership and Administration
- Community Outreach
- Aerospace Psychology

Electives: The following experiences are not completely described in this brochure, since they are individually tailored to meet specific training concerns, needs, and interns' interests. Participation is based, in part, on availability of staff supervision and interest.

- Dissertation Contract (required if not complete)
- Participation in ongoing staff research
- Marital & Family
- Child & Adolescent
- Special Interest
- Family Advocacy
- ADAPT

DIDACTICS, CONFERENCES AND MEETINGS



While the major emphasis in the training program is on supervised clinical experiences, we recognize the importance of maintaining a balance between the practical, problem-solving tasks of clinical work and the intellectual, theoretical and empirical basis of psychological practice. Time for thought, opportunity to consult with colleagues and time to keep current on developments in professional psychology are vital to a psychologist's responsibility and identity. In order to promote this area of professional development, we offer many different types of seminars and conferences.

Psychology Didactics: Our didactics program is augmented with six conjoint training experiences with the internships at the Dayton VA and Wright State University that leverage the expertise of the faculty at all three sites. This endeavor also allows our interns to meet with their intern peers in the Miami Valley as a way of enhancing their professional and personal contacts throughout the training year and beyond.

Psychology Case Conference: Interns present patient cases characterized by various challenges in diagnosis or treatment that illustrate the use of a particular therapy technique or an especially challenging clinical issue. Case presentations highlight areas of ethical challenge, considerations of individual differences and cultural diversity issues, and when applicable, military requirements that impact care and decision-making. Presentations are supplemented by audiotaped or videotaped vignettes.

Joint Didactics/Case Conference: We value an interdisciplinary approach to patient care. In order to expose interns to the philosophies of assessment and treatment espoused by our psychiatry, social work, and psychiatric nursing colleagues, combined case conferences occur once a month. Responsibility for didactics and case presentations rotates among the different services.

Journal Club: Scholarly discussions of research in the science, practice or training in psychology, led by interns, are held weekly throughout the year.

Understanding cultural and individual differences is essential in providing assessment and treatment to the patients served in Air Force medical treatment facilities and is central to one's development as a professional psychologist. Diversity articles will be incorporated into the schedule once a quarter and will focus on the application of psychological theory and practice to the unique needs of racially, ethnically, socio-economically, culturally, or religiously diverse populations. Topics also center on gender-specific issues. Supervision articles will be incorporated into the journal club schedule as well.

The WPMC and the Miami Valley area provide a rich environment for clinical practical opportunities.



DIDACTICS, CONFERENCES AND MEETINGS

Multidisciplinary Clinic Case Conference (MCCC) and Multidisciplinary Case Management (MCM): Interns participate in weekly MCCC and MCM meetings. The purpose of these meetings is to coordinate care of patients being treated in multiple clinics, elicit treatment ideas from colleagues, and manage high risk patients.

Psychology Intern Meeting: Psychology interns handle internal affairs, engage in self-teaching, and coordinate academic and social functions during this weekly meeting, which is led by the Chief Psychology Intern.

Training Director's Time: The training director meets with the internship group for one-half hour weekly to discuss professional practice and career development issues and to respond to concerns that may arise from the intern group.

Morbidity and Mortality Conference: Case histories of patients whose care presents unique management challenges are presented by designated representatives from each Mental Health Flight element as needed. Discussions focus upon standard of care, legal, and ethical issues in mental health practice.

Other seminar and conference offerings: Interns may have the opportunity to attend lectures, conferences and continuing education activities held in the Dayton, Columbus, and Cincinnati area. During recent years, interns have attended workshops led by nationally known experts in ethics forensic, child psychology and neuropsychology.



**CLINICAL PSYCHOLOGY INTERNSHIP
SEMINARS & WORKSHOPS**
(partial listing, changes annually)

Psychopharmacology for the Psychologist

Duty to Protect

Treating Gay, Lesbian, Bisexual or Transgendered Patients

Medical Incident Investigation

Neuropsychology in the Deployed Environment

Motivational Interviewing

Cognitive Processing Therapy for PTSD

Deployment Psychology

Marital Therapy

Assessing and Treating Suicidal Patients

Eating Disorders

Terminations in Therapy

Imagery Rehearsal Therapy for Nightmares

Couples-based Cognitive Therapy for PTSD

Grief

Women's Issues in the Deployed Environment



CLINICAL PSYCHOLOGY INTERNSHIP SEMINARS & WORKSHOPS (partial listing, changes annually)

Minnesota Multiphasic Personality Inventory-2 RF

Commander-Directed Mental Health Evaluation

Psychological Issues in Domestic Violence

Psychologist's Role in Traumatic Stress Response

Boundary Issues in Professional Practice

Ethical Issues in Military Psychology

Dialectical Behavior Therapy

Rapid Interventions

Special Topics in Suicide Assessment and Prevention

Treatment of Anger

Special Topics in Substance Abuse

Treatment of Insomnia

Treating Serious Mental Illness

Considerations in Assessing and Treating Patients with Disabilities

Lab Interpretation for the non-MD

Assessing Adult ADHD

INTERNSHIP FACULTY

ROTATION SUPERVISORS

Maj Colin Burchfield, Ph.D.
Lt Col Kirk Rowe, Ph.D., ABPP
Lt Col Sandy Todd, Ph.D., ABPP
Regina Shillinglaw, Ph.D.
Maj JoLyn Tatum, Ph.D.
Stephen Hamilton, Ph.D.
Linda Broeckl, Ph.D.
Nikki Instone, Ph.D.
Stephen Yerian, Psy.D.

ADJUNCT PSYCHOLOGY STAFF

Nancy Koets, Psy.D.
Jacqueline Allen, Psy.D.
Holly Kozee, Ph.D.
Greg VanArsdall, Psy.D.
Anne Dobmeyer, Ph.D., ABPP





Dr. Colin Burchfield

937.257.6877

Colin.Burchfield@us.af.mil

Core Clinical Faculty

Collin M. Burchfield, Ph.D.

**Mental Health Flight
Commander**

1997 B.A., Psychology, Augusta State University, Augusta Georgia

1999 M.S. Psychology, Augusta, State University

2004 Clinical Psychology Internship, Wright-Patterson USAF Medical Center

2005 Ph.D., Clinical Psychology, Brigham Young University



Colin M. Burchfield, Major, USAF, Ph.D.

Maj. Colin M. Burchfield is Mental Health Flight Commander, Wright-Patterson Air Force Base, Ohio. As the Flight Commander, he serves as the uniformed Air Force officer responsible for professional activities and services associated with the busiest Mental Health Flight in the United State Air Force, maintaining administrative, operational, and clinical oversight of Outpatient Mental Health, Alcohol and Drug Prevention and Treatment, and Family Advocacy Services, including an interdisciplinary (psychiatry, psychology, psychiatric nurse practitioner, social work, psychiatry residents, psychology residents and social work residents) team of 88 mental health providers, 26 mental health technicians, and 15 support staff members who provide/facilitate an estimated 30K annual patient encounters for a beneficiary population of approximately 57K with a service-delivery value in excess of \$1.8M.

Major Burchfield was born at Wright-Patterson AFB, Ohio. He entered the Air Force in July 2003 as a direct accession. He has been assigned to numerous clinical, administrative, and operational positions. Prior to his current position, he was the Director of Psychological Health at Robins AFB, GA. His primary theoretical orientation can be explained as Existential Relational.

Core Clinical Faculty



Kirk L. Rowe, Ph.D., ABPP

**Clinical Neuropsychologist
Training Director**

1987 B.S., Psychology, Lincoln University

1992 M.S., Counseling Psychology, University of North Texas

1994 Clinical Psychology Internship, Wright-Patterson USAF Medical Center

1994 Ph.D., Counseling Psychology, University of North Texas



Dr. Kirk L. Rowe

937.257.6877

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1997-1999 Post-doctoral Fellowship in Clinical Neuropsychology, Medical College of Wisconsin

Kirk L. Rowe, Lt Col, USAF, Ph.D., ABPP

Lt Col Rowe is the Clinical Psychology Training Director at Wright Patterson Medical Center. He began his Air Force career as a psychology resident at Wright-Patterson Medical Center. After graduation, he transferred to Sheppard Air Force base where he was chief of the Stress Management and Air Sickness Program for the Euro-NATO Joint Jet Pilot Training Program. He recently returned to Wright-Patterson after serving 3 years at Misawa Air Base, Japan and 2 years at Eglin Air Force Base as the Flight Commander. Dr. Rowe was the training director from 2003-2006 and also served previously as the assistant training director. He is board certified in clinical neuropsychology and clinical interests include brain injury, adult ADHD, and dementia. In 2012 he published a book chapter on hostage negotiations in the book *Military Psychology* and he wrote a review for the new book *Military Neuropsychology*. In 2013, he traveled to the country of Georgia to teach military and civilian providers about traumatic brain injuries. Over the past 5 years while serving as flight commander he has broadened his interests due to the demands of consulting with commanders. Lt Col Rowe has been an invited guest speaker on issues to include technology and relationships, men, suicide, and relationships, energy dependence and climate change and has also been active in addressing childhood obesity. Lt Col Rowe just recently returned from a 5 month deployment in Kyrgyzstan in 2014



Core Clinical Faculty

Dr. Sandra Todd

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Sandra L. Todd, Psy.D., ABPP

Staff Clinical Psychologist

1992 B.A. Psychology (Minor Women's Studies), The Ohio State University

1996 Clinical Psychology Internship, Wright-Patterson USAF Medical Center

1997 Psy.D., Clinical Psychology, Illinois School of Professional Psychology, Chicago Campus



2001 ABPP, Clinical Psychology, Board of Professional Psychology

2003 Fellowship, Pediatric Psychology, Children's Hospital Boston/Harvard University School of Medicine

Sandra L. Todd, Lt Col, USAF, Psy.D., ABPP

In addition to two completed tours at Wright-Patterson AFB, Dr. Todd has served at Lackland AFB, TX; Rhein Main AB, Germany, RAF Lakenheath, England; and Spangdahlem AB, Germany. Dr. Todd has assessed special military populations including Basic Military trainees; Military Training Instructors/Leaders; and Survival, Evasion, Resistance and Escape (SERE) Instructor Applicants. She has served on large military installations as a member of multidisciplinary mental health and medical treatment teams and small installations as the sole mental health provider. Dr. Todd worked as the Training Director for the Wright-Patterson Clinical Psychology Residency Program from 2006-2008. She deployed to a remote installation in Iraq from January to June 2008 as a Joint Expeditionary Team in support of Army combat operations. Upon her return, she served for two years as the Wright-Patterson Flight Commander. Most recently she led a multidisciplinary team of pediatric specialists working with children from birth to three-years of age. Special clinical interests include child/adolescent assessment and psychotherapy, parenting children with challenging behaviors, autism spectrum disorder, gender issues in psychotherapy, and the integration of religion and psychology. Lt Col Todd just recently returned from a 6 month deployment to Afghanistan.

Core Clinical Faculty

Regina D. Shillinglaw, Ph.D.

Deployment Behavioral Health Psychologist

- 1989** B.A., Psychology, University of South Carolina
- 1998** Clinical Psychology Internship, Wright-Patterson USAF Medical Center
- 1998** Ph.D., Clinical Psychology, University of South Carolina



Regina D. Shillinglaw, Ph.D.

Dr. Shillinglaw received her Ph.D. in Clinical Psychology from the University of South Carolina in 1998. Between 1997 and 2001, she served in the US Air Force. During this time, she completed a pre-doctoral internship at Wright Patterson Medical Center from 1997 to 1998 and was later stationed at Robins Air Force Base for three years as the Chief of Psychological Services. Between 2001 and 2007, Dr. Shillinglaw worked as a psychologist in private practice treating adults and children experiencing a wide range of psychological problems. From 2008 until the present, Dr. Shillinglaw has worked in a joint position with the Center for Deployment Psychology and Wright Patterson Medical Center at Wright Patterson Air Force Base in Ohio. She is a Psychology faculty member and the Assistant Training Director in the pre-doctoral Clinical Psychology Training Program at WPAFB and does clinical work including patient care and psychology resident supervision. Dr. Shillinglaw is also a consultant on base for deployment-related issues and is a liaison between Wright Patterson Medical Center and agencies throughout Ohio for military behavioral health issues. She also provides training on deployment-related topics and treatment for PTSD in her local area and in various locations as needed for the Center for Deployment Psychology. In addition, she develops and maintains military behavioral health training tools for military and civilian mental health professionals.

Dr. Regina Shillinglaw

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Dr. JoLyn I. Tatum

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Core Clinical Faculty

JoLyn I. Tatum, Ph.D.

Staff Clinical Health Psychologist

- 2003** B.S., Psychology, University of Arizona
- 2003** B.H.S., Physiology, University of Arizona
- 2010** Clinical Psychology Internship, Wilford Hall Medical Center
- 2010** Ph.D., Health Psychology and Behavioral Medicine, University of North Texas
- 2010-2012** Post-doctoral Fellowship in Clinical Health Psychology, Wilford Hall Ambulatory Surgical Center



JoLyn I. Tatum, Maj, USAF, Ph.D., CBSM

Capt JoLyn Tatum is the primary faculty in Clinical Health Psychology at Wright-Patterson Medical Center. She earned degrees in both psychology and physiology at the University of Arizona in 2003. Dr. Tatum then earned her Ph.D. in Health Psychology and Behavioral Medicine at the University of North Texas in 2010, following her one year clinical psychology residency at Wilford Hall Medical Center. During her residency year Dr. Tatum was selected to stay on at Wilford Hall for the two year post-doctoral fellowship in Clinical Health Psychology. During that time she was board certified as a specialist in Behavioral Sleep Medicine and is currently one of two psychologists in the Air Force who hold that certification.

Dr. Tatum has a wide range of clinical and research interests under the umbrella of clinical health psychology, including behavioral sleep medicine, weight management, physical activity and the behavioral management of chronic illnesses such as cancer, chronic pain and diabetes. She is also interested in continuing her experience working with PTSD, especially in situations that involve a trauma related injury.

Stephen F. Hamilton, Ph.D.

Staff Clinical Psychologist

- 1979** B.A., Speech Communication, University of California
- 1984** M.Div., Theology, Bethel Theological Seminary
- 1987** M.A., Clinical Psychology, California School of Professional Psychology
- 1990** Clinical Psychology Internship, Wilford Hall Medical Center
- 1991** Ph.D., Clinical Psychology, California School of Professional Psychology



Stephen F. Hamilton, Ph.D.

Dr. Hamilton received his Ph.D. in Clinical Psychology from the California School of Professional Psychology—San Diego in 1991. He joined the Air Force in 1989 and completed his psychology internship at Wilford Hall Medical Center in 1990. In his 20 year Air Force career, he was stationed at Tinker AFB, OK; McConnell AFB, Wichita, KS; Elmendorf AFB, AL; Offutt AFB, Omaha, NE; and finally ended his career at Wright-Patterson AFB where he was the Flight Commander and Director of Psychological Health. During his career he was deployed twice, once to Prince Sultan AB, Kingdom of Saudi Arabia and Al Udeid, Qatar. While in the Air Force he had training and experience in hostage negotiations, aircraft mishaps, Survival, Evasion, Resistance and Escape (SERE) and integrating behavioral health services in a primary care setting. He was a member of two international training teams that taught mental health professionals in South Africa and Columbia, South America on mental health aspects of disaster management and countering the psychology of terrorism.

Following his retirement from the Air Force in 2009, he went to work for the Dayton VA in both the primary care and polytrauma pain clinics. He was the co-director of psychology training and was instrumental in getting a postdoctoral fellowship in integrated mental health in primary care established and through their initial APA accreditation site visit. He was also the lead psychologist of the polytrauma pain clinic that received its initial CARF certification in 2012, one of seven in the VA.

After nearly four years at the VA, he recently rejoined the staff at Wright-Patterson AFB mental health clinic as a staff psychologist and faculty member of the Psychology Residency program. His clinical interest are in positive psychology, integrated mental health, chronic pain, and behavioral health psychology.

Dr. Stephen Hamilton

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Core Clinical Faculty

Dr. Linda Broeckl
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Linda S. Broeckl, Ph.D.

Director, Mental Health Graduate Medical Education

1986 B.S., Psychology, Ohio State University

1991 M.A., Clinical Psychology, Bowling Green State University

1993 Clinical Psychology Internship, Wright-Patterson USAF Medical Center

1994 Ph.D., Clinical Psychology, Bowling Green State University



1997-1998 Post-doctoral Fellowship In Behavioral Health Psychology, Wilford Hall Medical Center

Linda S. Broeckl, Ph.D.

Dr. Broeckl is a staff psychologist and psychology training program faculty member at Wright-Patterson Medical Center, Wright-Patterson AFB, Ohio. Her clinical interest include clinical health psychology, graduate medical education and training, organizational and command consultation, disaster management, deployment-related psychology, and the provision of evidence-based care to diverse populations. She serves as a clinical supervisor for the clinical health psychology rotations. Dr. Broeckl entered the AF in 1992, completing her psychology internship at Wright-Patterson. She subsequently served in multiple assignments to include Dyess AFB, TX; Andrews AFB, MD; Landstuhl Regional Medical Center, Germany; Dover AFB, DE; two assignments at Wilford Hall Medical Center, Lackland AFB, TX; and a final assignment at Wright-Patterson. Dr. Broeckl retired from the AF in 2014 and then returned to the Mental Health Flight as a civilian staff member. She has extensive experience in traumatic response/disaster operations to include managing psychological support operations for workers at the DoD Port Mortuary in Dover, DE; mental health support operations following three plane crashes and other traumatic events. Dr. Broeckl has deployed to Iraq in support of Operation Iraqi Freedom and Kyrgyzstan in support of Operation Enduring Freedom.

Core Clinical Faculty

L. Nikki Instone, Ph.D.

Contract Clinical Psychologist

1990 B.S., Psychology, Bowling Green State University

2003 M.A., Clinical Psychology, California State University Northridge

1998-1999 Clinical Psychology Internship, VAMC Cincinnati

1999 Ph.D., Clinical Psychology, Ohio University



1999-2000 Post-doctoral Fellowship in Clinical Psychology, The Counseling Source

L. Nikki Instone, Ph.D.

Dr. Instone is the main provider for the Behavioral Health Optimization Program (BHOP), housed in the primary care clinic. She is responsible for the training and supervision of Psychology Residents for the BHOP aspect of the Clinical Health Psychology rotation. Prior to joining the Mental Health Flight at WPAFB, she was in private practice for 12 years. There, she served adult and adolescent populations. Over the years, she has been trained in eating disorders, substance use disorders, couples and family therapy, psychological assessment, and hypnosis. She has been involved in media presentations, including an online presence and radio and TV appearances. She is the author of three books and the producer of four DVDs.

Dr. Nikki Instone

937.257.6877

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Core Clinical Faculty

Dr. Stephen Yerian

937.257.6877

Stephen.Yerian@wpafb.af.mil

Stephen R. Yerian, Psy.D., LICDC

Program Manager, Alcohol and Drug Abuse Prevention and Treatment Program

1989 B.S., Social and Behavioral (Psychology), University of Houston-Victoria, Victoria, TX

1996 Psy.D., Clinical Psychology, Wright State University, School of Professional Psychology

1998 Post-doctoral Clinical Psychology Internship in Disability and Rehabilitation, Wright State University, School of Professional Psychology



Stephen R. Yerian, Psy.D.

Dr. Yerian is a native Ohioan and a retired U. S. Navy veteran. His original training in substance abuse assessment and treatment occurred in late 1982 in the U. S. Navy at the Navy Drug and Alcohol Abuse Counselor's School at the Naval Air Station in Miramar, California. He served as a Drug and Alcohol Abuse Counselor and as a Director of the Navy's Counseling and Assistance Center's on both shore commands and onboard ships. Dr. Yerian subsequently attained certification and licensure as a drug and alcohol abuse counselor. Dr. Yerian was accepted into the School of Professional Psychology's Post-doctoral Training Program in 1997 with a focus in Disability and Rehabilitation. During post-doctoral training, Dr. Yerian also served as an Adjunct training faculty member for the School of Professional Psychology. Dr. Yerian's work with the U. S. Air Force began in 2001 when he accepted an appointment as a Staff Psychologist with the Mental Health Clinic at the WPAFB Medical Center with collateral duties of Chief, Psychological Testing Services and Chief, Behavioral Health Optimization Project. Dr. Yerian left his position as Staff Psychologist in 2005 to accept a full faculty appointment with the School of Professional Psychology at Wright State University. In 2009, Dr. Yerian retired from the School of Professional Psychology at Wright State and accepted an appointment as the Staff Psychologist for the Substance Abuse Treatment Program with the V. A. Medical Center in Dayton, Ohio. Dr. Yerian returned to work with the U. S. Air Force in 2010, when he accepted the position of ADAPT Program Manager. He continues in this position at the current time. Dr. Yerian's clinical and academic interests include substance abuse treatment, psychological assessment and evaluation, disability and rehabilitation, treatment of PTSD, clinical supervision, and outcomes research.

Core Clinical Faculty

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WRIGHT-PATTERSON MEDICAL CENTER

Dayton is rich in cultural and entertainment venues which provide interns opportunities to engage in extracurricular activities.

Wright-Patterson Medical Center (88th Medical Group) is a multi-specialty medical facility which, as one of six regional Air Force medical centers, serves more than 57,000 eligible patients in the local area, and nearly 700,000 in the seven-state region. We are a Joint Commission approved 65-bed multispecialty facility. The medical center has nearly 2,000 assigned personnel and is one of the largest medical facilities in the Air Force. A \$121 million construction project completed in 1989 doubled the size of the medical center.

Professional education is a key mission of the medical center. Our programs provide challenging and unique learning experiences in all phases of graduate medical education. More than 250 interns, including 100 military interns, are trained annually. In addition, some 500 medical students from the Air Force Health Professions Scholarship Program, the Uniformed Services University of Health Sciences and Wright State University School of Medicine receive clinical training here each year.



2nd Street Market

WRIGHT-PATTERSON AFB

Wright-Patterson AFB is located just east of Dayton. It was here in 1904 and 1905 on Huffman Prairie where the Wright Brothers, in their own words, "really learned to fly." Just off the end of runway 23, a marker and sign commemorate the exact location of the Wright Brothers' first hangar. Today, Wright-Patterson is one of the largest and most important bases in the United States Air Force and as a road sign says, it's the location of the world's first airport. Few installations offer the broad range of Air Force activities that can be found here. Missions range from acquisition and logistics management, research and development, education, flight operations and many other defense services. It has a workforce of almost 25,000 people and is home to more than 60 units representing a host of Air Force and Department of Defense organizations making it the largest employer in Ohio.

Wright-Patterson has some of the finest family-oriented recreational programs in the Air Force. These include the National Museum of the United States Air Force, an Aero Club, on-base fishing, hunting and camping facilities, three top-notch golf courses, a riding club, four swimming pools, a tennis club, hobby and automotive shops, youth activities center and many more. Shopping at the base commissary and exchange provides substantial discounts

DAYTON, OH

One of the nation's top ten commuting and industrial centers, Dayton is America's 10th largest "90-minute market", a city where 4.1 million persons can reach the city by car within an hour and a half. The metropolitan area population in the Greater Miami Valley numbers nearly one million people. Only 60 miles from Cincinnati and Columbus and 100 miles from Indianapolis, Dayton offers a wide variety of lifestyles from urban living to suburban developments to picturesque rural villages tucked away in gently rolling hills, all within easy commuting distance. The costs of living and housing are low for a city this size, especially in relation to the many cultural, dining, educational, and recreational opportunities available in the area. We enjoy four seasons in a moderate climate. A dynamic and hospitable community, the Dayton area is a great place to live.



**National Museum of
the Air Force**

<http://www.metroparks.org/>

<http://www.nationalmuseum.af.mil/>

<http://www.usafmarathon.com/>

<http://www.greenecountyohio.org/>



SALARY & BENEFITS

Annual Salary Schedule as of 1 Jan 14 for Wright-Patterson Medical Center Interns

Years of Military Service, living off base

CAPTAIN	Up to 2	Over 2	Over 3	Over 4
Single	\$65,389	\$71,600	\$75,779	\$80,916
With Family	\$68,738	\$74,948	\$79,127	\$84,264

Of these amounts, a portion is considered a housing and subsistence allowance, which is not taxed under current IRS regulations. At the rank of captain, this untaxed portion at Wright-Patterson is currently \$18,903 if single and \$22,251 if married. Many states also exempt a portion of or all military income from state income tax. Some student loan payments can be deferred during Internship and/or military service. On-base housing may also be available. Currently there is a loan repayment program available for psychologists who have completed their initial service commitment. All who apply are not selected for repayment of their loans and the program is reviewed annually, therefore, it may not be available in the future.

The Air Force will pay the full cost of moving the new intern, his/her family and household goods to the training site and to subsequent assignments. Upon separation or retirement from the service, moving expenses will again be paid for the return home. In addition, total medical and dental care is provided for interns. Legal dependents receive medical care through on-base medical services or by medical providers in the Dayton area. A family dental plan and term life insurance for the military member and her/his spouse are available at a nominal cost. Other medically related needs such as prescription medications are free to any family member requiring them.

ADMINISTRATIVE ASSISTANCE

The Mental Health (MH) flight has an Education Coordinator whose primary job is to support the psychology, psychiatry and social work internship training programs. This position reports directly to the psychology training director. The Medical Group (MDG) and MH flight staff also provide technical support and assistance with the required training for medical staff, logistics, computers, pay, and leave issues.

ADDITIONAL RESOURCES

The Mental Health Flight ensures that the internship program has sufficient office space, computer resources, telephones and office supplies. All interns and staff are provided with an individual office that is equipped with a networked computer and telephone with voicemail and is of sufficient size to see patients. The intern offices are located together in one area to facilitate peer socialization, support, and interaction. The intern offices are also located in close proximity to supervisors offices to facilitate intern access to supervisors and supervisor's ability to monitor internship activities. The MDG and Mental Health Flight also provide large rooms and conference centers for didactics, case conferences and teleconferences. The training offices have files for secure and orderly storage of psychology training programs files. The training office and TD office are collocated to facilitate coordination between the TD and Education Coordinator. In addition, the training office and TD office are in a central location between all major rotations to facilitate equal access by interns and staff from all rotations.

The MDG and MH Flight ensure that the internship program has sufficient training resources and audiovisual equipment. The internship program has access to large group rooms equipped with computers, PowerPoint projectors, TVs and video players, and teleconference capability. The internship program also has access to the MH Flight's laptops and portable PowerPoint projectors. The psychology internship has access to computer-based testing packages for multi-dimensional batteries, multiple manually administered tests, and one office designated for psychological testing. The interns have ready access to journal articles and books through the MH Flight's library, which maintains a variety of medically relevant texts and resources such as DVD's. The interns also have ready access to electronic copies of journal articles through the AF Medical Service's web-based portal.



PSYCHOLOGY INTERN EVALUATION

Interns are evaluated during each clinical rotation by the staff member(s) directly responsible for the intern's supervision. Evaluations are made on an approved form that incorporates both general professional characteristics and more specific learning objectives relevant to that rotation. Professional characteristics and learning objectives are each rated according to the degree in which the intern is meeting expectations relative to other interns at their same stage of training. If no opportunity to develop a particular skill has been available, the supervisor will indicate that on the rating form as well. A narrative section emphasizing strengths, weaknesses, and/or recommendations for further training rounds out the written evaluation. Interns and supervisors are encouraged to discuss the written evaluation, and interns are encouraged to add any comments, clarifications, disagreements, or exceptions in a space provided on the form. All reports are reviewed and endorsed by the Psychology Training Director.

Interns receive a written performance report at the midpoint and end of each major rotation in which they spend four or more months: Outpatient Mental Health, Clinical Health Psychology, and Behavioral Health/Primary Care. Interns are given one written evaluation at the end of the Aerospace/Neuropsychology rotations. The forms used for these reports are discussed at the beginning of each rotation, as the form clearly outlines what is expected of the intern. An average rating indicates that an intern's performance is exactly where the faculty expects it to be compared to other interns (past and present) at the same stage of training. Feedback is meant to be meaningful and to provide the intern with specific information needed to grow as an Air Force psychological provider.

COMPLETING THE INTERNSHIP

Completion of the internship program is contingent upon successfully meeting rotation competency objectives, along with demonstrating professional behavior at a level that meets or exceeds expectations. Successful completion of the internship is an all-or-none decision; no partial credit for the internship is granted. Assessment is multi-dimensional and includes staff review of rotation evaluation ratings, review of presentation and crisis intervention evaluation forms, completion of all items on the Required Training Experiences checklist and feedback offered from faculty supervisors. On rotation evaluations, intern performance is rated within three general categories: Above Expectation (ratings of 6 or 7), Meets expectation (ratings of 3, 4 or 5) or Below Expectation (ratings of 1 or 2). On any given rotation, interns are expected to demonstrate growth in competency areas from the beginning of the rotation to mid-term and to the end of the rotation.

In general, interns are allowed to progress from one rotation to the next when he/she achieves ratings within the Meets Expectation (or above) range on the various evaluation measures. However, if an intern's performance is rated in the "Not meeting expectation" range for any particular competency, the training committee (which would include the intern's supervisor) may decide to allow the intern to progress to the next rotation if there is consensus that the intern can continue to develop necessary competencies there. If there is no opportunity available for the intern to work on competencies that fall below expectation on the next rotation, the length of the training on the rotation and/or the internship may be extended. A remediation plan would then be developed. If the intern is placed on academic notice or probation, due process rights apply. These are outlined in detail in our Intern Handbook and may be obtained from the Training Director upon request. All written evaluations are indefinitely maintained in each intern's training file.



ELIGIBILITY REQUIREMENTS

ELIGIBILITY CRITERIA

To be eligible for an Air Force commission and considered for intern selection, the applicant must:

- a. Be a U.S. citizen.
- b. Meet the requirements for commissioning in the USAF, including an Air Force physical examination.
- c. Satisfactorily complete all academic and practica requirements for a Ph.D. or Psy.D. in clinical or counseling psychology from an **APA-accredited graduate program** in accordance with Air Force Instruction 44-119, 7.9.2. Education and Licensure Requirements. This includes, at a minimum, the completion of preliminary and comprehensive examinations.
- d. Must be certified as ready for internship by their Director of Clinical Training.
- e. Committee approval of the dissertation proposal is **mandatory** before entering active duty and beginning the internship. Consequently, we require that the proposal be approved by the time one submits his/her application. Dissertation progress is a factor in the selection process. Completion of the dissertation prior to internship is **strongly** encouraged to allow for full participation in the wealth of experiential opportunities available during the internship.
- f. Complete a minimum of 500 hours of supervised practicum experience (direct and indirect) by the time the application is submitted. Selection preference is given to applicants from APA-accredited university based programs. The university from which the Ph.D. or Psy.D. is being granted must also be fully accredited by regional, state, and national educational associations and listed by the Association of American Colleges and Universities.

Please also note: Selection for one of our intern positions is contingent upon the selectee accepting a commission in the United States Air Force and serving on active duty throughout the internship year and the following 36 months.

ELIGIBILITY REQUIREMENTS

ADDITIONAL AIR FORCE REQUIREMENTS

1. Interns begin active duty military service and accept commission at the rank of Captain. **They must take an oath of allegiance.** See AF Form 133 at http://static.e-publishing.af.mil/production/1/af_a1/form/af133/af133.xfd.

2. Internship candidates are required to complete and pass a physical examination and weight standard in order to be considered for a commission in the Air Force.

3. Members of the internship program, like all Air Force psychologists, are normally afforded a "secret" security clearance. A background investigation is required as part of the customary security clearance evaluation.

4. Commissioned officers, to include members of the internship program, are subject to random drug testing through urinalysis.

NON-DISCRIMINATION AND EQUAL OPPORTUNITY

1. As a matter of Federal and military policy, the AF and AF psychology training programs fully adhere to the practices and procedures of the Equal Employment Opportunities Act in the selection of trainees and employees. The AF views diversity and equal opportunity as a vital part of providing patient care, creating a fair and respectful work environment, and ultimately maintaining a healthy and synergistic workforce. As a consequence, we are committed to fostering diversity through hiring and selection practices.

2. Eligibility for military service requires certain physical abilities and attributes including age, height, weight, and physical ability requirements. The main point of contact for questions about these eligibility standards is a Health Professions recruiter for the Air Force Recruiting Service (AFRS). Age limits are determined on an annual basis and listed in the AFRS Procedural Guidance Message (PGM). In addition, recruiters will screen for medical issues and will coordinate for applicants to undergo a physical with a physician.

APPIC POLICY REGARDING INTERNSHIP OFFERS AND ACCEPTANCE

The Air Force Clinical Psychology Internship programs are members of APPIC and follow APPIC policy on internship offers and acceptances. We therefore participate in the APPIC Matching Program. Details of the APPIC program and policies can be viewed on **APPIC's web site (<http://www.appic.org>)**.

AF internship programs subscribe rigorously to APA standards for program content and APPIC policy for notifying and accepting applicants. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. Applicants are expected to support this policy as well.

For 2015-2016, the Phase I Match, the Rank Order List Submission Deadline is February 4, 2014. Results of the Match will be released on APPIC Phase One-Match Day, February 20, 2014.

For the Phase II Match, the Rank Order List Deadline is March 16, 2014 and the Phase II Match Day is March 23, 2014.

APPIC's mailing address is: APPIC Central Office, 17225 El Camino Real, Onyx One—Suite #170, Houston, TX 77058-2748. Their phone number is: 832-284-4080.

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THE WPMC APPIC MATCH number is 1514 and the listed program name is "Wright-Patterson USAF Medical Center."

APPLICATION PROCEDURES

It's best to think of the application process as having three steps.

1) Applying to the US Air Force with a recruiter, 2) Applying to the internship program, and 3) Using APPIC.

APPLYING TO THE US AIR FORCE WITH A RECRUITER

The first thing you will need to do is to contact the nearest Air Force Health Professions Recruiter (AFHPR) for additional information and application processing. Go to <http://www.airforce.com/contact-us/recruiter-locator/> or <http://www.airforce.com> for the exact location and phone number of the nearest AFHPR or call 1-800-443-4690. Also, feel free to call the internship director directly for assistance.

Once you have contacted your recruiter, you will begin completing the required information for becoming a part of the USAF. This involves completing paperwork on your education and training, medical history and background check.

Your recruiter will schedule an evaluation at the Military Entrance Processing Station (MEPS) where you will be screened for any possible medical problems. At MEPS, you may find out that you need to obtain a waiver or additional medical records, which can take extra time. Thus, it is advisable that you schedule a MEPS appointment as early in the application process as possible.

"Official" application packages are due to the USAF Recruiting Service Headquarters in late December 2014 for the 2015-2016 internship year (talk to the AFHPR for specific deadline). In addition to the APPIC application form, there are Air Force specific forms and procedures your AFHPR will guide you through and submit to the Recruiting Service for you.

APPLYING TO THE INTERNSHIP SITE

At the same time you are working with your recruiter, you should begin working with the training director at the AF internship sites. Send all of your academic application materials to any or all of the three AF internship sites in which you are interested. These include your APPIC application form, the Applicant Summary Form (you obtain this from your recruiter), copies of your graduate transcripts, and three letters of reference from individuals familiar with your clinical and academic skills. If you wish to attend the Open House at Wright-Patterson or any of the AF internship sites, we will need to receive the materials in advance in order to familiarize ourselves with your background, training, and experience. All Air Force open houses are by invitation only. Remember, official copies of these materials will be submitted by your AFHPR to AF Recruiting Service Headquarters in late December in time to meet the AF Accessions Board in January, 2015. Details about this board follow on page 41.

APPLICATION PROCEDURES

This year, the Wright-Patterson Open House will be held on 8-9 January 2014. Wilford Hall and Malcolm Grow will also each host their own Open Houses in December, 2014 and January, 2015. Please check their websites for the exact date. It is not mandatory that you attend any of the Open Houses, but it is definitely recommended. Applicants who are not able to visit or interview at an Open House date may be able to arrange different dates for an on-site or a phone interview with the training director. Whether you attend the Open House or not, you must be interviewed in person or on the telephone by one of the three AF Training Directors. The training director will send the results of this in-person or phone interview to the AF Accessions Board (see below). Your application will not be complete unless there is a summary of this interview contained within your application package. Please call an AF Internship Training Director if you have any questions or uncertainties about this somewhat complex process.

USING APPIC

This process is identical to the one you would use for a civilian internship program. After you have applied to the AF with your recruiter and the internship site, you will electronically submit an application via the APPIC website. If you have not already done so, arrange an interview on the phone or in person with at least one of the training directors at Wright-Patterson, Malcolm Grow, or Wilford Hall. These steps must be completed by early January, 2015. If you are interested in the Air Force training opportunities, you are encouraged to rank all three AF internship sites when compiling your own Match list.

Applicants are usually ranked in APPIC by more than one AF Internship site. However, the applicant remains "in the driver's seat" with respect to selecting the Air Force site with which they hope to be matched. You can list one site, all, or none of them. You should rank military sites in the same way that you rank civilian internship sites on the APPIC Match List. Wright-Patterson, Malcolm Grow and Wilford Hall each have separate codes, since we are separate sites.

WRIGHT-PATTERSON'S CODE IS 1514.

APPLICATION PROCEDURES SUMMARY

1. Complete the on-line APPIC Standardized Internship Application Form.
2. Using the on-line process, request official transcripts of all graduate level courses.
3. Arrange for a minimum of **three supporting letters** from your professors, program directors, supervisors or others familiar with your psychological skills, academic training, or supervised clinical experiences. General "character references" may supplement, but do not replace letters addressing your specific skills and training. If a letter is used to supplement the Certification by Program Director, this may count as one of the three required letters. These letters should be completed using the on-line process.
4. Submit **Curriculum Vitae**, listing honors, publications, clinical experiences, and other information relevant to your training and performance in psychology via the on-line application process.
5. Submit a cover letter that in addition to your introduction also answers in bullet format the AF Psychology Applicant Questionnaire via the on-line application process.
6. The Air Force Health Profession Recruiter must submit your complete recruiting package (including but not limited to, medical examination documents, credentials and background check information, etc.) to the USAF Accessions Selection Board. The deadline for your recruiter's submission of these and other materials (e.g., medical examination documents, interview and recommendation by a Recruiting Service Flight Commander, other AF application forms) to the USAF Accessions Board is **typically in late December**. Be sure to check with your recruiter regarding specific due dates. A phone call to any Air Force recruiting station or 1-800-443-4690 will yield the exact location, phone number, etc. of the Health Professions.
7. The entire process usually takes a couple of months so it is best to start as early as possible. Additionally, during this process your recruiter should be in regular contact with you to ensure all procedures are progressing. Do not let more than about 2 weeks go by without contact from your recruiter. If you encounter problems with your recruiter, please contact one of the AF Internship Training Directors as soon as possible.
8. If you are interested in the an AF internship, it is best to apply to all three sites to increase your chances of selection. The AF training sites are Wright-Patterson, Malcolm Grow, and Wilford Hall Medical Centers. Application to the individual sites is accomplished by selecting the Program's Code in the APPIC on-line process. It is very important to note that the deadline for submission of these materials to Wright-Patterson is **1 December 2014**.

APPLICATION PROCEDURES SUMMARY

9. At the AF Accession Board in late January, you will be selected as eligible or ineligible for an AF psychology internship from an Air Force perspective from the eligible list. Each of the three Air Force site training directors will submit his/her own preferences in rank order.

Selection at this board does not constitute selection by the internship program, but rather means you are eligible for consideration by the AF internship programs. You will only be notified of the results of the AF Accessions Board if you are determined to be ineligible for the AF or will not be ranked by any of the three AF internship programs. **On Match Day, you must list each AF site you are interested in (in order of preference) as a separate site.**

10. The AF also requires an official interview with any of the three Training Directors as part of the general application process. All applicants will be interviewed; therefore, no specific interview notification is provided. **Applicants should contact Training Directors to arrange an interview.** While only one interview is required, applicants are encouraged to at least do a phone interview with Training Directors from each AF program for which they are interested in being considered.

11. Questions about the military application process and qualification as an Air Force officer should generally be directed to your Health Professions recruiter. Issues relevant to the profession of psychology or the specifics of the training programs should be addressed to the Director of Training at one of the AF internship sites. Training directors are eager to work with strong applicants in determining whether our programs are well suited to your career plans and to offer any information you may need in planning this critical part of your professional education. You may call, e-mail, or write at any time.

12. See the Application Checklist for the WPMC Internship on page 42.

Note: AF Recruiting Service or the other AF internship sites may have slightly different deadlines.)

ABOUT THE AF ACCESSION BOARD

ABOUT THE AF ACCESSION BOARD

This board meets at AF Recruiting Headquarters in San Antonio, TX in late January, 2015. The board consists of the training directors at each of the three psychology internship sites and the Psychology Consultant to the AF Surgeon's Office.

There are two phases to this board. The first phase determines whether or not an applicant meets standards required for officership in the Air Force. In addition to the persons listed above, a senior AF officer may also serve on this board. At this phase, you will be elected as eligible or ineligible from a broad Air Force perspective. Those with excellent records of achievement and outstanding potential for military leadership will be "Selected for Ranking" and rank ordered. The AF Accessions Board ranks applicants on the following:

- a) academic achievement (undergrad/graduate)
- b) commitment to science and evidence based practice
- c) record of community service and other accomplishment
- d) military leadership potential
- e) "goodness of fit" in matching applicant goals to the training provided at our internship site

Selection at this phase of the board does not constitute selection by the internship program. Your selection here means only that you are eligible for consideration by the AF internship programs.

In the second phase, the rank order list and application packages of those who have passed the AF officer screening requirements in the first phase will be reviewed by the training directors. The AF Psychology Internship Directors will then individually prepare their APPIC Match lists from the pool of those who were placed on the "Selected for Ranking" list and submit his/her APPIC list in compliance with APPIC's Internship Matching requirements.

IMPORTANT: You will be notified of the results of the AF Accessions Board only if you are determined to be ineligible for the AF or if you will not be ranked by any of the three AF internship program directors.



APPLICATION CHECKLIST FOR WRIGHT-PATTERSON

Be Sure to Check for Changes in these Requirements

Materials to be submitted through the API and to the Air Force Health Professions Recruiter

- APPIC Standardized Internship Application
- Three letters of recommendation
- Curriculum Vitae
- Cover Letter (include AF relevant topics)
- Medical examination documents
- Health recruiter interview, recommendation by Recruiting Service Flight Commander, other AF application forms*
- *NOTE: HPSP students are not required to re-accomplish these final two items.
- In addition, be sure to arrange for a Senior Consultant/Training Director Interview
- Materials required by the WPMC Director of Internship Training (most of which will be on-line)

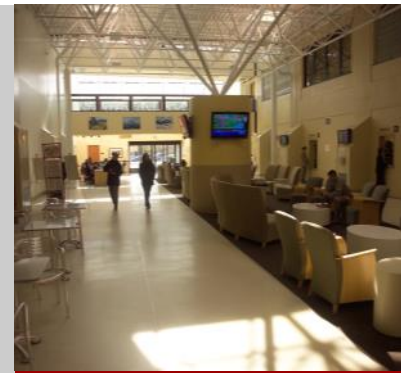
DEADLINE: 1 Dec 2014

ADDITIONAL INFORMATION FOR WRIGHT-PATTERSON APPLICANTS

We are often asked to describe characteristics of applicants who were successfully matched with our program. First, we seek applicants who want to serve in the Air Force as officers for at least the next four years. This is really the most important consideration in deciding whether you would perceive our site to be a good “fit” for you. Air Force life is exciting and rewarding, but obviously, it doesn’t appeal to everyone. We seek individuals whose professional and personal goals are compatible not only with those of our program, but which are congruent with those of a military lifestyle and professional practice. We heavily consider evidence that the applicant can make a firm commitment to the core values of the Air Force: excellence, integrity, and service before self. Flexibility in coping with the stresses often attendant to the uncertainties of military service, and openness to the many opportunities the military offers are important. Applicants must clearly desire to serve our country and be willing to make the personal sacrifices required of a uniformed service member. Traits contributing to effectiveness as an officer and psychologist include maturity, good interpersonal skills, and a strong work ethic. Excellent written and verbal communication skills are a must.

Next, we look for internship candidates whose academic and clinical preparation for training are congruent with our mission and philosophy. We value applicants with a history of excellence achieved in APA accredited training programs which integrate coursework in the science of psychology with a strong emphasis on clinical practice and the practical application of psychological research to clinical decision making. Progress on the dissertation is a very important factor in our selection decision, with highest consideration given to applicants who will have this completed by the start of the residency, and strong interest in those who are likely to complete it by the end of the residency year.

Given our emphasis on training psychologists who can function in many areas of clinical expertise and responsibility, we look for applicants with a track record of strong, broadly based clinical experiences in a variety of treatment settings relevant to the needs of our population. These are far more important than extensive specific or specialty practicum experiences. Diagnostic, assessment and/or treatment practica completed in Medical Centers, Veteran’s Administration Hospitals, and outpatient mental health or primary care clinics is a plus. Since we employ cognitive-behavioral interventions in all of our clinics, a good general understanding of and experience with this orientation are important. The quality of practica and the supervision provided is perceived more highly than the number of hours obtained in excess minimum hours required.



ADDITIONAL INFORMATION FOR WRIGHT-PATTERSON APPLICANTS (CONT.)

We look for applicants who have had practice and training in the use of evidence-based interventions; however, we are aware of the influence of a wide range of theoretical orientations and the evidence supporting the therapeutic relationship and common factors. We expect applicants to have had experience in administering and interpreting an array of basic psychological testing instruments, comprising adult cognitive and objective personality measures. Again, astronomical numbers of tests given during practicum are not expected; rather, we seek applicants who can intelligently and accurately integrate data obtained from testing.

Our program emphasizes practice in AF clinics and hospitals. It is therefore not well suited to students who are primarily interested in careers in academia. Applicants having a strong interest and/or experience in psychological practice within military communities and settings will enjoy a definite advantage in the application review. In addition, we evaluate applicants for their demonstrated ability to work comfortably both with providers inside and outside the field of psychology.

Not every applicant accepted will be outstanding in all dimensions described here, but we hope this will help explain the factors we consider in the application process. We will admit the strongest possible class each year, based upon a confluence of the factors described above.

TRAINING SITES

While all three internship programs hold to the same standards and goals, each has its own distinctive location, character and perspective. Information about each site can be obtained from the Director of Training at that facility:

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